



Wellsboro Area High School

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Phil Waber, Superintendent

Marcia Newcomb, Business Manager
Patrick Hewitt, High School Principal

David Krick, Middle School Principal
Christopher Morral, Elementary Principal

To: District IV Athletic Directors / Principals
From: Patrick Hewitt, Cross Country District Chairman
RE: PIAA District IV Cross Country District Meet
Date: September 21, 2009

The 2009 District IV Cross Country meet will be held at Bloomsburg University on Thursday, October 29, 2009. The meet site is selected by the District Chairman and approved by the District Committee.

1. Time schedule is as follows:

9:30 a.m.	AAA Boys
10:10 a.m.	AAA Girls
10:50 a.m.	AA Boys
11:30 a.m.	AA Girls

District IV will qualify two teams and ten individuals in AA Boys and Girls for the State Championships. We will qualify one team and five individuals in AAA Boys and Girls for the State Championships.

2. The course is located at the Upper Campus of Bloomsburg University. The start and finish of the race are across the street from the Nelson Field House where registration will take place.

3. There will be a coaches meeting at **8:30 a.m. for AAA teams and 9:30 a.m. for AA teams at the Starter's Area.**

4. Clerk of the Course, Mr. Bernie Empie.

5. The Bloomsburg course is 5000 meters.

6. The District IV Cross Country District Meet shall be conducted in accordance with the PIAA Rules and Regulations as published in the 2009/2010 Handbook. The District will conduct an AA class and AAA class meet for both boys and girls. The following rules and regulations for the District IV Cross Country Meet are supplementary to PIAA rules.

7. Ten runners may be entered, with only seven to run. Fewer than 5 may run as individual entries.

Registration will be done on-line via the Runner's High website, RUNHIGH.COM. INSTRUCTIONS ARE ATTACHED. Registration must be completed by 5:00 P.M. on Monday October 26, 2009.

8. Your team will get the exact finish placing on the first five boys and girls.
9. The following awards will be presented after the completion of the last race

AA Boys/ AA Girls:

- A. Plaque to the first place team
- B. Individual medals to the members of the first and second place teams.
- C. Individual medals for the ten state qualifiers not on the first and second place teams.

AAA Boys / AAA Girls

- A. Plaque to the first place team.
- B. Individual medals for the members of the first place team
- C. Individual medals for the 5 state qualifiers not on the first place team.

10. **Please send a PIAA Eligibility form by October 9,2009 to:
Patrick Hewitt, Principal
Wellsboro Area High School
225 Nichols Street
Wellsboro, Pa 16901**

Fax (570) 724-3027 or email phewitt@wellsborosd.org

11. It is each coach's responsibility to arrive early enough to allow his/her athletes time to warm up. The time schedule will be strictly followed.
12. There will be no JV Competition of any type at the District Meet.

Please note: The following interpretations of co-ed programming:

- A. If a school has a boys' team and girls' team in the same sport and a girl elects to compete on the boys' team, she must remain in the boys' classification for that entire sports season, including all District and PIAA Championship play.
- B. If a school does not have a girls' team and a girl competes on a boys' level during the regular season, she has the option as to which classification she may compete under in District and PIAA competition.
- C. If in (A) she appears on the school's eligibility list in one classification, she may not transfer her eligibility to other classifications.